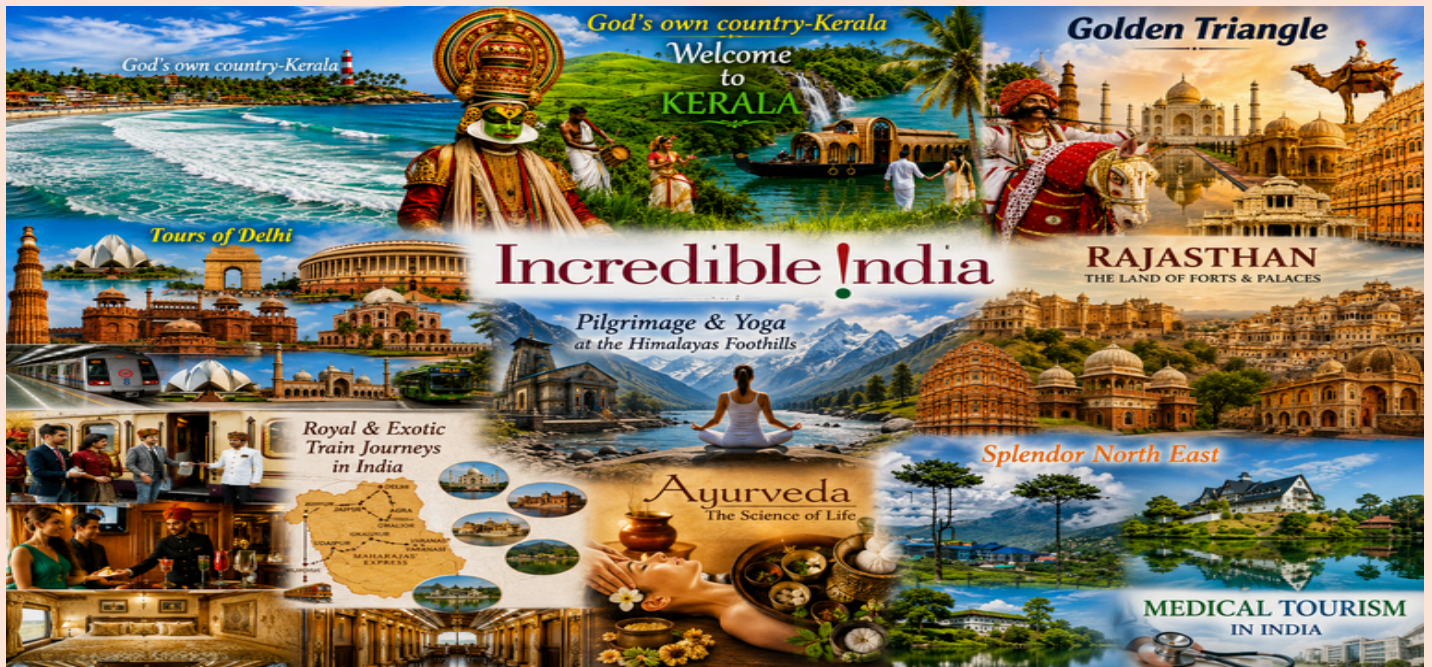




NAMMS GROUP

(Approved by Govt. of India Deptt. of Tourism)



ABOUT US

A Professional Agency with Personal Service

Namms Group is a firm of proven professionals and caring, conscientious people the kind of people you can depend on. Our experts leverage their vast knowledge of holiday destinations across the globe to ensure that reality exceeds your expectations.

Based in New Delhi, with offices in Dubai, Russia and Vietnam, we have over 28 years of worldwide experience. Our goal is to provide tailor-made luxury holidays, business trips, and unrivaled escorted tours that meet your needs without being too heavy on the pocket.

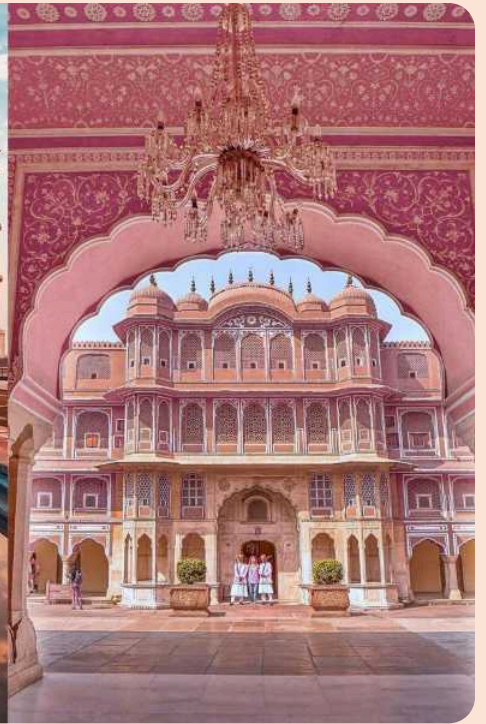
We are committed to offering travel services of the highest quality, combining our energy and enthusiasm with our years of experience. Our greatest satisfaction comes from serving a large number of satisfied clients who have discovered the joys and inspiration of travel through us.

DELHI TOURS



New Delhi Tour Qutab Minar - Depart from hotel by car or coach with guide, visiting Qutab Minar, built in Islamic period. The 72.6 meters high tower dates back to 13th century and is one of the greatest bequest of Islamic culture. Humayun's Tomb - was built by Humayun's widowed Queen, Haji Begum, in the 16th century. Parliament House - This circular shaped colonnaded building houses the two Houses of Parliament - the Lok Sabha and Rajya Sabha. Its domed Centre Hall is 90 feet in diameter. Rashtrapati Bhawan - is the official residence of the President of India. Formerly the residence of the Viceroy of India. India Gate - is a majestic high arc, 42 meters high, built as a memorial to the Indian soldiers killed in World War I. Beneath it burns an eternal flame & can get a good view of Rashtrapati Bhawan.	Old Delhi Tour Red Fort - Delhi's most magnificent monument, the Red Fort, was built by Emperor Shahjahan, the builder of Taj Mahal in 1648. Jama Masjid - is the largest mosque in India, and stands across the road from the Red Fort since 1656. Rajghat - memorial of Mahatma Gandhi at the bank of river Yamuna. Feroz Shah Kotla - is the site of city of Ferozabad built in the 14th century by Emperor Feroz Shah Tughlaq. 2300 years old Ashoka pillar carrying Emperor Ashoka's message stands here till date. Purana Quilla or Old Fort - is a walled city complex of the 16th century, built on the legendary site of Indraprastha, (the Aryan capital of 1000 B.C.)
Temple Tour The Lotus Temple - The Baha'i House of Worship in Delhi, India, popularly known as the Lotus Temple due to its flower like shape, It was completed in 1986 and serves as the Mother Temple of the Indian subcontinent. Lakshmi Narayan temple - The Lakshmi Narayan Temple or the Birla Temple as it is popularly known enshrines Lord Vishnu - the preserver of the Hindu Trinity. Bangla Sahib - Gurudwara Bangla Sahib is the most prominent Sikh gurdwara, or Sikh house of worship, in Delhi. It was built by Sikh General, Sardar Bhagel Singh in 1783. Akshardham temple - is a Hindu temple complex in Delhi. The temple, which attracts approximately 70 percent of all tourists who visit Delhi, was officially opened on 6 November, 2005. It sits on the banks of the river Yamuna. ** Optional sound and light show at Red Fort	Museum Tour National Museum - The National Museum in New Delhi is the largest museum in India. It holds variety of articles ranging from pre-historic era to modern works of art. It was established in 1949. Gandhi Museum - It consists all the personal belongings of the Father of the Nation 'Mahatma Gandhi'. Indira Gandhi Memorial - Indira Gandhi Memorial Museum was the residence of the former Prime Minister of India, Indira Gandhi. It is where her own bodyguards assassinated her on 31st October 1984.

GOLDEN TRIANGLE



Golden Triangle With Ranthambore National Park (6N/ 7D)

Golden Triangle With Sariska National Park (5N / 6D)

Day 01: Delhi	Upon arrival you will be welcomed by our representative and then you will be transferred to the Hotel. Afternoon old Delhi tour. Overnight Stay at hotel.* Optional Sound and light show Red Fort*	Day 01: Delhi	On arrival you will be welcomed by our representative and then you will be transferred to the Hotel. Afternoon old Delhi tour. Overnight Stay at hotel.* Optional Sound and light show Red Fort
Day 02: Delhi	After breakfast enjoy sightseeing of New Delhi i.e. Parliament House, Lotus Temple, Humayun-Tomb, Qutab Minar and India Gate. Overnight Stay at Delhi.* Optional Lodhi garden walk, Temple Tours*	Day 02: Delhi	After breakfast enjoy sightseeing of New Delhi i.e. Parliament House, Lotus Temple, Humayun-Tomb, Qutab Minar and India Gate. Overnight Stay at Delhi.* Optional Lodhi garden walk, Temple Tours
Day 03: Agra	Morning After Breakfast drive to Agra (210 kms, approximately 4 hours). After fresh at hotel visit Taj Mahal, Agra Fort and local market. Overnight stay at Agra.* Optional Kalakriti show (all language)*	Day 03: Agra	Morning After Breakfast drive to Agra (210 kms, approximately 4 hours). After fresh at hotel visit Taj Mahal, Agra Fort and local market. Overnight stay at Agra.* Optional Kalakriti show (all language)
Day 04: Rantha mbore	Morning depart for Ranthambore (280 kms, approximately 6 hours). Ranthambore is best known for its Lion sightings. Overnight in Ranthambore.	Day 04: Jaipur	Morning depart for Jaipur (243 kms, approximately 5 hours). Full Day Jaipur sightseeing like Amber Fort, Jal Mahal, Hawa Mahal, Birla Temple and local market in Jaipur. Overnight Stay at Jaipur.* Optional Rajasthani Arts and Crafts visit
Day 05: Rantha mbore	Early morning safari in Ranthambore National Park. Later depart for Jaipur (195 kms, approximately 3½ hours). You have the rest of the day at leisure to explore the local area.	Day 05: Sariska National Park	Morning after Breakfast depart for Sariska National Park (150 kms, approximately 3 hours). Visit Sariska Palace, Sariska, Sariska National Tiger Reserve. Overnight Stay at Jaipur.
Day 06: Jaipur	After breakfast proceed to visit Amber Fort, Hawa Mahal, Jal Mahal and in the evening visit Birla Temple and then back to hotel for overnight stay.	Day 06: Delhi	After breakfast check out from Hotel and drive back to Delhi. Arrive at Delhi transfer to Airport / Railway Station.
Day 07: Delhi	After breakfast check out from Hotel and drive back to Delhi. Arrive at Delhi transfer to Airport / Railway Station.		

3 DAYS Extn. Tour for Goa or Aurangabad Or Khajuraho

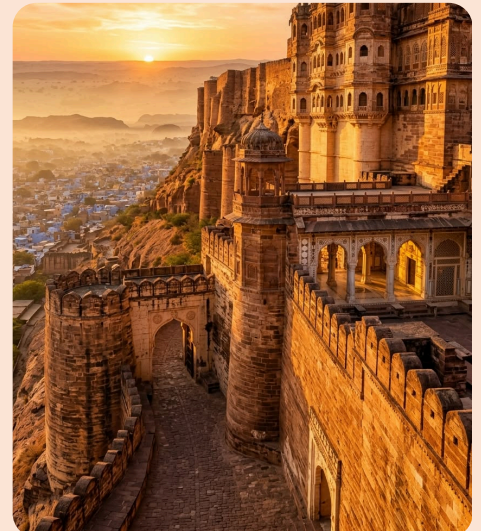
*3 DAYS – GOA

*3 DAYS – AJANTA/ ELORA

*3 DAYS – KHAJURAHO/VARANASI

Day 09:	Arrival at Goa. You will be welcomed by our representative and then transferred to the Hotel. After some refreshment proceed to cover North Goa Tour attractions and overnight stay at Hotel.	Arrival at Aurangabad. Meet and greet by our representative and transferred to the Hotel. After some refreshment visit Bibi Ka Maqbara, Quila-E-Ark and Sunehari Mahal. In the evening drive back to the hotel for an overnight stay.	After B/F transfer to Agra railway station to board the Shatabdi Express to arrive in Jhansi, & proceed by surface to Khajuraho. Half day tour of Khajuraho temples. Group Movements. Provocative maidens, dancers, musicians and embracing couples adorn these buildings of worship. Overnight Stay at Khajuraho.
Day 10:	After breakfast transfer to visit South Goa Tour, overnight stay at Hotel.	After breakfast transfer to visit Ellora and Ajanta Caves, Aurangabad Cave and enjoy an overnight stay at the hotel.	After B/F transfer to airport flight to Varanasi. Arrive to Sarnath. The archaeological museum displays the Ashoka Pillar. In the evening a boat trip on the sacred river Ganges and be a witness to the renowned aarti ceremony by the bathing ghats of Holy Ganges.
Day 11:	Transfer to International airport for flight back to onward journey.	Transfer to International airport for flight back to onward journey.	Transfer to International airport for flight back to onward journey.

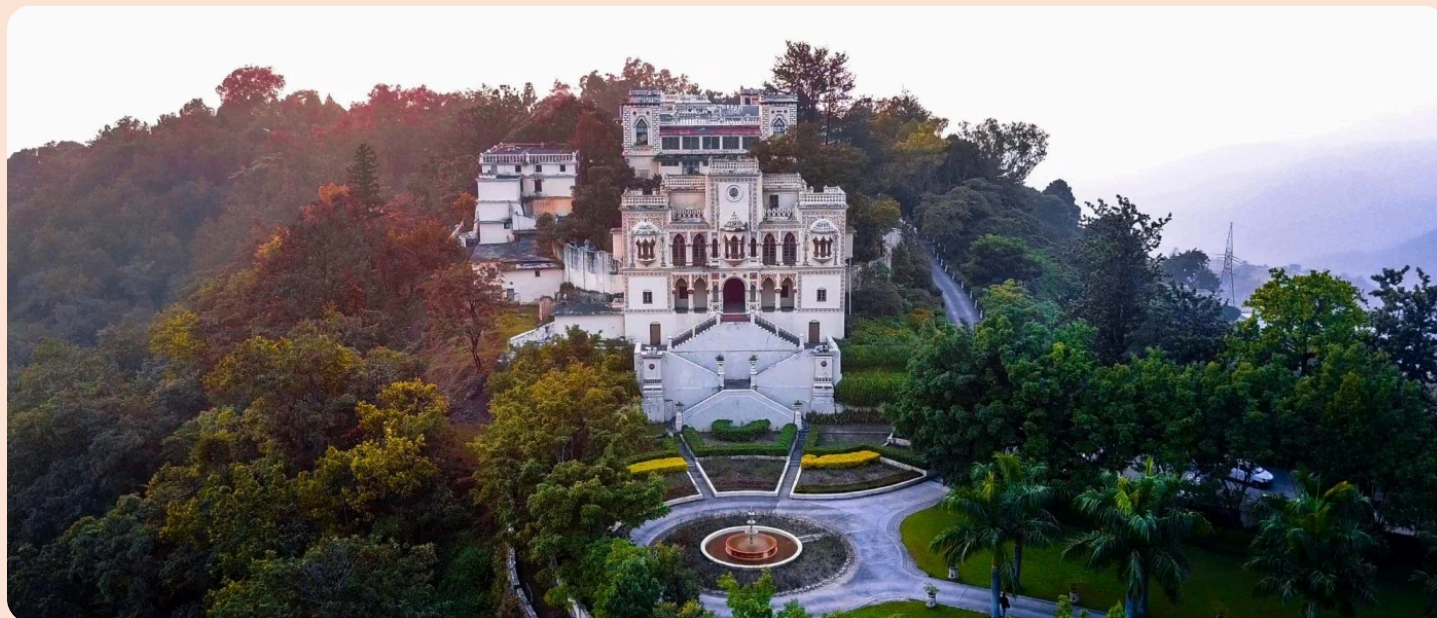
RAJASTHAN THE LAND OF FORTS & PALACES



Day 01: Delhi	On arrival you will be welcomed by our representative & will be transferred to the Hotel. After some refreshment proceed to cover Old Delhi & New Delhi city tour. <i>Old Delhi City Tour OR New Delhi City Tour</i>	Day 01: Delhi	On arrival you will be welcomed by our representative and then you will be transferred to the Hotel. After some refreshment proceed to cover the city attractions: <i>Old Delhi City Tour OR New Delhi City Tour</i>
Day 02: Agra	After B/F drive to Agra (210 kms, approximately 4 hours). Visit Taj Mahal, Agra Fort and local market. Overnight stay at Agra. <i>Optional KALAKRITI SHOW in the evening.</i>	Day 02: Mandawa	Depart for Mandawa, Visit to village & there are a number of fascinating havelis in Mandawa, all of them adorned with beautiful wall paintings. Overnight at hotel.
Day 03: Jaipur	After breakfast, drive to Jaipur (243 kms, approximately 5 hours), enroute visiting the Fatehpur Sikri, the deserted red sandstone city, built by the Great Mughal Emperor Akbar as his capital and palace in the late 16th century. On arrival at Jaipur check into the hotel. Visit temples for aarti & overnight. (Jaipur is also known as the Pink City.)	Day 03: Bikaner	After breakfast drive to Bikaner. Junagarh Fort, built by Rai Singh between 1588 and 1593, it has a 986-metre-long wall with 37 bastions. You can also visit Deshnok – a small village situated 32 km south from Bikaner city. The greatest attraction of Deshnok is the temple of Shri Karnimata.
Day 04: Jaipur	Morning depart for Full Day Jaipur sightseeing – Amber Fort, Jal Mahal, Hawa Mahal, Birla Temple and local market in Jaipur. Overnight stay at Jaipur. <i>Optional Folk Dances with dinner</i>	Day 04: Jodhpur	After breakfast, depart for Jodhpur to visit massive fort – Mehrangarh Fort. Inside the Fort is some of the most important galleries and palaces like the Moti Mahal, Phool Mahal and the Sukh Mahal etc. Overnight stay at hotel.
Day 05: Jodhpur	After breakfast, depart for Jodhpur to visit massive fort – Mehrangarh Fort. Inside the Fort is some of the most important galleries and palaces like the Moti Mahal, Phool Mahal and the Sukh Mahal etc. Overnight stay at hotel.	Day 05: Udaipur	Drive to Udaipur, via Ranakpur temples, specially JAIN temples are awesome & complex of marble intricate work along with 1444 pillars all differently carved and great craftsmanship of 15th Century. Also visit Aravalli hills is very picturesque. <i>Optional Chittorgarh Fort</i>
Day 06: Udaipur via Ranakpur	After B/F drive to Udaipur, via Ranakpur temples, specially JAIN temples are awesome & complex of marble intricate artwork along with 1444 pillars all differently carved and great craftsmanship of 15th Century. Also visit Aravalli hills is very picturesque. Overnight stay at Udaipur hotel.	Day 06: Jaipur	After breakfast, drive to Jaipur (412 kms, approximately 6 hours), en route visiting the Fatehpur Sikri, the deserted red sandstone city, built by the Great Mughal Emperor Akbar as his capital and palace in the late 16th century. On arrival at Jaipur check into the hotel for overnight. Jaipur also known as the Pink City.
Day 07: Udaipur	City tour of Udaipur covering City Palace, poised over Lake Pichola, iridescent with tile and mirror inlay. Also can explore the town by walking through the narrow, colorful winding lanes. Evening boating at Lake Pichola. Overnight stay at Udaipur. <i>Optional Chittorgarh Fort</i>	Day 07: Jaipur	Morning depart for Jaipur, Full Day Jaipur sightseeing like Amber Fort, Jal Mahal, Hawa Mahal, Birla Temple and local market in Jaipur. Overnight stay at Jaipur. <i>Folk Dances with dinner</i>
Day 08:	Fly Udaipur to Mumbai/Delhi. Visit Local	Day 08: Agra	Drive to Agra (243 kms, approximately 5

Mumbai/Delhi	sightseeing, Overnight at hotel.	hours). Visit Taj Mahal, Agra Fort and local market. Overnight stay at Agra. <i>Optional KALAKRITI SHOW in the evening.</i>
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PILGRIMAGE & YOGA AT HIMALAYAS FOOTHILLS



Delhi -Haridwar-Rishikesh (3 Nights / 4 Days)

Day 1: Delhi	On arrival you will be welcomed by our representative and then you will be transferred to the Hotel. Afternoon old Delhi tour. Overnight Stay at hotel.
Day 2: Haridwar	Morning after breakfast drive to Haridwar (223 kms, approximately 5 hours). Later start for sightseeing covering Ashrams and temples – Mansa Devi and Chamunda Devi etc. Evening watch the Aarti on Har ki Pauri. Overnight stay at Haridwar.
Day 3: Rishikesh	Morning after breakfast drive to Rishikesh (20 kms, approximately 40 min). Then visit Ram Jhula, Laxman Jhula, in the evening visit Triveni Ghat to visit a Holy Ganges Aarti. Overnight Stay at Haridwar.
Day 4: Delhi	After Breakfast check out from hotel and drive to Delhi.

Ananda Wellness Package

Detox Starter: Starts from: 4 Nights- An ideal introduction for those who have not yet experienced a full Detox program, integrating essential elements of Ayurveda and Aromatherapy, and Yoga.	Detox: Starts from: 7 Nights- Ananda's signature detox program include Ayurvedic Panchakarma treatments, Aromatherapy experiences, yoga, and meditation a customised diet.
Yogic Detox: Starts from: 7 Nights- The yogic detox retreat program at Ananda uses the different Hatha yogic cleansing techniques (Shatkriya) to detox in a natural way. it is one Of the only yogic cleansing retreats Of its kind in India.	Dhyana Self Realisation Starts from: 7 Nights- A process of self realisation aimed to create emotional and spiritual balance through daily meditation sessions, guided yoga and breathing and spa treatments.

WELCOME TO KERALA



Day 01: Cochin	On arrival you will be welcomed by our representative and then you will be transferred to the Hotel. After proceed for Cochin Sight Seeing, Dutch Palace Museum, Bolgatty Island, Jewish Synagogue etc and overnight stay at Cochin.
Day 02: Munnar	Morning After Breakfast drive to Munnar (130 km, 3 hrs). Check in to the Hotel, after Refresh Drive for Sight Seeing, Tea Plantation, Tea Factory and overnight Stay at Munnar.
Day 03: Munnar	Morning Drive for sight seeing, Kundala dam, Echo point, Tea plantation etc and overnight stay at Munnar.
Day 04: Thekkady	Morning Proceed to Thekkady (89 km, 3 hrs), check in to the Hotel. After Refresh Proceed for sight seeing, Wild Life Sanctuary Boating, Spice Plantation etc and over night stay at Thekkady.
Day 05: Alleppey	Morning proceed to Alleppey (138.0 km, 3 hrs 35 min) and check in to the Houseboat. After Refresh Proceed to Alleppey Beach and over night stay at Alleppey.
Day 06: Kovalam	Morning proceed for Kovalam (159.1 km, 4 hr). Experience the beauty of the beaches in Kovalam. Visit Veli Tourist Village, Varkala beach and Padmanabhapuram Palace. Overnight stay at Kovalam.
Day 07: Kovalam	After breakfast check out from hotel and proceed for Railway Airport.

Our Services

Our company's goal is to have satisfied and happy medical tourists.

Pre-Arrival Services

1. Scheduling of medical appointments
2. Cost estimates for anticipated treatments
3. Medical Visa assistance
4. Booking of hotels/service apartments
5. Flight arrangements & extension

6. Booking of Ambulance if required

Upon Arrival Services

1. Airport transfer services
2. Providing language translators
3. Special dietary needs/requirements
4. Foreign Exchange
5. Pre and Post operation formalities
6. Preferential and Personalized treatment facility
7. Leisure trip/Rejuvenation
8. Attendant (Male/Female) on request
9. Car with the Driver if required

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